

get strong if he don't eat, and he can't eat the food here. Now if he had a bit of dripping toast, with a dash of pepper on it, he'd make a good supper and sleep well after it, but here he don't sleep because he's hungry, and you see, nurse, we're only poor folk, we can't afford for him to be ill long. He must get well quick, or he'll lose his job, so he'd best come home, and I'll have to run a little account and pay it back when he gets back to work again," so he went home, and it seemed to me so stupid. He had one of the best physicians in London, a beautiful hospital, most expensively built, and yet he had to go home, a one-roomed home at that, to be fed up because we only gave him stale bread and butter and one other meal a day.

Why cannot the cooking in our hospitals be under the care of a trained nurse? The ordinary cook does not know the needs of sick folk, and why are beef and mutton the only change from stale bread and butter? There are other foods much cheaper. Take haricots, lentils, and peas. They are cheaper, contain more nitrogenous matter, can be served in scores of appetising ways. And why is cheese never seen in hospitals? If patients can eat meat and watery cabbage, they could eat cheese. Then if they must have milk puddings, there are other things of which to make them; they need not always be made of rice. And why could they not have stewed fruit with their puddings?

I daresay it would cost more, because bread and butter requires so little preparation; but then hospitals exist on purpose to make people well quickly, and what is the good of spending pounds upon marble and beautiful tiles, and saving a few shillings on the food?

M. H.

OUR ONLY HOPE.

Mrs. Despard presided last Saturday at a meeting organised by various women's suffrage societies at the Central Hall, Westminster, when Mrs. Swanwick moved a resolution calling on the House of Commons to pass as wide a measure of women's suffrage as possible this session.

Mr. W. H. Dickinson, M.P., said it might be that in six months' time several millions of women would be called on to record their votes at the polls. It was very likely that there would be none of the usual political parties. He urged that this large accretion of female voters should form a new party—a party of freedom and equality for all mankind, a party which would put down monopoly and lift up the ideals of morality and religion.

The resolution was carried unanimously.

JOINT WAR COMMITTEE.

HOME HOSPITALS.

The following Sisters have been deputed to duty in Home Hospitals:—

Hospital for Officers, 26, Park Lane.—Miss M. E. Hall.

Red Cross Hospital, Christchurch, Hants.—Miss E. J. Sayle.

St. Bernard's Red Cross Hosp., Wylde Green, near Birmingham.—Miss Adah Cardall.

Hillsborough Red Cross Hosp., Harlow, Essex.—Mrs. Edith Rushworth.

St. John's Hosp., Oatland House, Portsmouth.—Mrs. Edith Flanckock.

Balmoral Hosp., Llandudno.—Miss Margaret Allen.

Struan House, Maitland Road, Reading.—Mrs. Elsie Chanter.

Command Depot Hosp., Alnwick.—Miss Minnie Hudson.

V.A.D. Hosp., Clifford Street, York.—Miss M. Diamond.

Rusthall, Tunbridge Wells.—Miss M. L. Smith.

Hosp. for Officers, Burridge Road, Torquay.—Miss E. A. Wickham.

Red Cross Aux. Hosp. (on the Thames).—Miss T. Somers.

Hosp. for Officers, Hawkstone Park, Shrewsbury.—Miss Gladys Owen.

Red Cross Hosp., Malmesbury.—Miss Irene Hardy.

St. John's V.A.D. Hosp., Rugby.—Miss E. S. Chinn, Miss E. Hadfield.

Uplands Aux. Mil. Hosp., Winchester.—Miss C. D. Hirst.

Kingswood Park Hosp., Tunbridge Wells.—Miss M. A. G. Dixon.

Urmston Hosp., Eastbourne.—Miss C. M. Hodges.

Highfield Hall, Southampton.—Miss A. M. Brown.

Toxleth Hall Hosp., Liverpool.—Miss M. A. Kett.

Thorpe St. Andrew, Norwich.—Miss K. L. Morrell.

Enfield V.A.D. Hosp., St. Mark's Road, Bush Hill Park, Enfield.—Miss A. Sim.

Bricket House, St. Albans.—Miss L. E. Gorman.

Aux. Mil. Hosp., Fleet, Hants.—Miss M. Crowley.

Harborne Hall Aux. Hosp., Harborne, Birmingham.—Miss C. Pace.

Thornby Grange Hosp., Grilsborough, Northants.—Miss S. A. Prickett.

Prince's Club Hosp., 106, Jamaica Road, Bermondsey, S.E.—Mrs. B. Moberley.

Red Cross Hosp., Station Road, Gillingham, Dorset.—Mrs. L. M. Chisholm.

FOREIGN SERVICE.

The following Sisters have been deputed to duty abroad:—

Boulogne Head Quarters.—Miss A. Pugh, Miss M. Pritchard Jones, Miss M. J. Holmes, Miss Christina Hendrick.

Brigade Hospital, Etaples.—Miss R. C. Lazenby.

La Panne.—Miss A. R. Sweeney.

Corsica, Scottish Women's Hosp.—Miss H. Toshack.

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